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# Get The **BEAT**

**JULY - AUGUST 2021**

## OPEN-MIC FEATURE PERFORMER



*Normand Boivin*

## PRISONER OF THE MIND

Closed mind I am,  
as life is the drama queen into the screen  
play of my mind

Drop the masks, and the masquerades of your  
play, So you will feel alive again.

The maze of life has no direction,  
so be yourself and drop your mask, and be who  
you really are.

Jump down off your tower of fear,  
and make a leap of faith, so you will land  
somewhere.

Be confident and unlock your heart,  
so life will have no clouds, and you won't be  
lost.

Open your heart and the shadows will go,  
and won't be lost unto your soul.

The key of Life is Love;  
which opens the door of your mind.

So be open minded, and the window of your  
mind will draw unto you self knowledge into  
the Life as you lived it.

~ By Normand Boivin

## SUMMER PROGRAMS

Welcome to summer at FOM Music Society! All our Summer Programs will be held in the EMP Theatre at 2328 Trent St. Please use the Fort Street entrance. The Brass Clinic & Summer Woodwind Clinic will be held outdoors, as COVID-19 safety protocols keep us from meeting indoors. The 'Makeup' Ukulele Lessons and Ukulelians rehearsals will be held outside under the trees, with no Zoom option. We'll haul out the tents if there's a chance of rain.

You can register by emailing [info@friendsofmusic.ca](mailto:info@friendsofmusic.ca) with the programs you're interested in, the instrument you plan to play (if applicable) and your experience level. See our website for the full details on each program:

<http://www.friendsofmusic.ca/programs/>

### SUMMER WOODWIND CLINIC

With our woodwind specialist, Joe Hatherill  
**Mondays in July from 2-4pm**

### SONGWRITER'S CIRCLE With Steve Fissel

**Mondays in July from 4-6pm**

### Summer Tune-Up With Nick La Riviere

**Tuesday July 6<sup>th</sup> from 1-3pm *Back to the Sixties***

**Wed July 7 from 1-3pm *Sing-a-long with Elvis***

**Wed July 14<sup>th</sup> from 1-3pm *Sing-a-long to the Beatles***

**Wed July 21 from 1-3pm *FOM goes Country***

### BRASS CLINIC With Nick La Riviere

**3 classes only on Wed July 7<sup>th</sup>, 14<sup>th</sup> and 21<sup>st</sup>  
from Noon to 1 pm.**

### SUMMER JAZZ IMPROV With Jon Ziffle

**Thursdays in July, starting July 8<sup>th</sup> from 1-3 pm**

**"MAKE UP CLASSES" rescheduled from May/Sept**

### BEGINNER UKULELE LESSONS With Avram McCagherty

**Tues June 22<sup>nd</sup> and 29<sup>th</sup> / July 6<sup>th</sup> and 13<sup>th</sup> from 4-4:45pm**

### UKULELIANS With Avram McCagherty

**Tues June 22<sup>nd</sup> and 29<sup>th</sup> / July 6<sup>th</sup> and 13<sup>th</sup> from 5-6:30pm**

## DATES TO REMEMBER

### CANADA DAY - JULY 1ST

No Groups and the office is closed.

### SUMMER PROGRAMS START - JULY 5<sup>TH</sup>, 2021

### REGULAR PROGRAMS RESUME - SEPTEMBER 7<sup>TH</sup>, 2021 (SEE CALENDAR)

We take a break during the month of August and we'll be back to our usual programming, by September. We look forward to seeing you!

# FRIENDS OF MUSIC CALENDAR OF EVENTS

## JULY 2021

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
				<b>1 HAPPY CANADA DAY!</b>	<b>2</b>	<b>3</b>
<b>4</b>	<b>5</b> Summer Woodwind Clinic 2-4 pm Songwriter's Circle 4-6 pm	<b>6</b> Summer Tune Up 1-3 pm Back To The 60's Learn Ukulele 4-5 pm Ukulelians 5:00-6:30 pm	<b>7</b> Brass Clinic 12-1 pm Summer Tune Up 1-3 pm Sing-Along-With Elvis	<b>8</b> Summer Jazz Improv 1-3 pm	<b>9</b>	<b>10</b>
<b>11</b>	<b>12</b> Summer Woodwind Clinic 2-4 pm Songwriter's Circle 4-6 pm	<b>13</b> Summer Jazz Improv 1-3 pm Learn Ukulele 4-5 pm Ukulelians 5:00-6:30 pm	<b>14</b> Brass Clinic 12-1 pm Summer Tune Up 1-3 pm Sing-A-Long To The Beatles	<b>15</b> Summer Jazz Improv Moved to Tues July 13th for Today only	<b>16</b>	<b>17</b>
<b>18</b>	<b>19</b> Summer Woodwind Clinic 2-4 pm Songwriter's Circle 4-6 pm	<b>20</b>	<b>21</b> Brass Clinic 12-1 pm Summer Tune Up 1-3 pm FOM Goes Country	<b>22</b> Summer Jazz Improv 1-3 pm	<b>23</b>	<b>24</b>
<b>25</b>	<b>26</b> Summer Woodwind Clinic 2-4 pm Songwriter's Circle 4-6 pm	<b>27</b>	<b>28</b>	<b>29</b> Summer Jazz Improv 1-3 pm	<b>30</b>	<b>31</b>

## AUGUST 2021

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
<b>1</b>	<b>2</b> BC DAY!	<b>No Programs in August – OFFICE CLOSED</b>				<b>7</b>
<b>8</b>	<b>9</b>	<b>Please direct all queries to <a href="mailto:info@friendsofmusic.ca">info@friendsofmusic.ca</a></b>				<b>14</b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b>	<b>30</b>	<b>31</b>				

## PREVIEW SEPTEMBER 2021

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
See <a href="http://www.friendsofmusic.ca">www.friendsofmusic.ca</a> for updated calendar & TBA's			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>5</b> LABOUR DAY LONG WEEKEND	<b>6</b> LABOUR DAY	<b>7</b> No Ukulele Groups Today Moodswing Chorus 7-9 pm	<b>8</b> Beginner Band 11-11:55 Skills Band 12-12:55 Fundamentals 1 - 3 TBA	<b>9</b> Eclectics 10:45-12:15 Jazz Improv 1-2pm TBA Moodswing Orchestra TBA Rehearsal 7:00-8:30 PM	<b>10</b> Haywires 2-4 TBA Minds at Work 4-6pm TBA	<b>11</b>
<b>12</b> Recovery Rock Band 2-4 pm Guitar 4:00-5:30pm OPEN MIC 6-8 pm	<b>13</b>	<b>14</b> Learn Ukulele 4-5 pm UKULELIANS - TBA Moodswing Chorus 7-9 pm	<b>15</b> Beginner Band 11-11:55 Skills Band 12-12:55 Fundamentals 1 - 3	<b>16</b> NO ECLECTICS TODAY Jazz Improv 1-2pm Moodswing Orchestra Rehearsal 7:00-8:30 PM	<b>17</b> Haywires 2-4 Minds at Work 4-6pm	<b>18</b>
<b>19</b> Recovery Rock Band 2-4 pm Guitar 4:00-5:30pm OPEN MIC 6-8 pm	<b>20</b> Board Meeting EMP @ 7pm	<b>21</b> No Ukulele Groups Today Moodswing Chorus 7-9 pm	<b>22</b> Beginner Band 11-11:55 Skills Band 12-12:55 Fundamentals 1 - 3	<b>23</b> Eclectics 10:45-12:15 pm Jazz Improv 1-2pm Moodswing Orchestra Rehearsal 7:00-8:30 PM	<b>24</b> Haywires 2-4 Minds at Work 4-6pm	<b>25</b>
<b>26</b> Recovery Rock Band 2-4 pm Guitar 4:00-5:30pm OPEN MIC 6-8 pm	<b>27</b>	<b>28</b> No Ukulele Groups Today Moodswing Chorus 7-9 pm	<b>29</b> Beginner Band 11-11:55 Skills Band 12-12:55 Fundamentals 1 - 3	<b>30</b> Eclectics 10:45-12:15 pm Jazz Improv 1-2pm Moodswing Orchestra Rehearsal 7:00-8:30 PM		



### DONATE TO FRIENDS OF MUSIC SOCIETY USING OUR VIRTUAL DONATION BOX:

Just point your cell phone at the QR Code to be connected to our donation page at CanadaHelps. FOM Music Society gratefully acknowledges the support of the Province of British Columbia, The Victoria Foundation Mary Elizabeth Hemeon Memorial Fund, Anonymous Donors, and all of our many friends.